



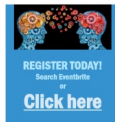
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March 18, 2019

Issue 9

REGISTRATION OPEN: Humboldt Opioid Summit

Prevention | Management | Treatment



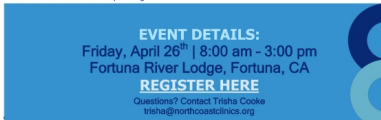
KEYNOTE: A team from Hazelden Betty Ford will be discussing the science behind predictors of substance use and offer strategies for upstream interventions.

AUDIENCE: The presentation and panels are targeted to clinicians and nurses working with people with chronic pain and/or addiction in clinic or hospital setting. Individuals interested in learning more about the prevention, management, and treatment of chronic pain and addiction are welcome to register.

PRELIMINARY AGENDA:

8:00 AM | Check-in & Light Breakfast
9:00 AM | Keynote Address: Risk & Trajectory: Predictors of Addiction
 ◆ Dr. Matthew Polscheck, PsyD, MA
10:15 AM | Complementary Therapies for Management of Pain Panel
 ◆ Mindfulness
 ◆ Cannabinoids for Pain
 ◆ Other modalities
12:15 PM | Prescribing Practices & Patient Engagement
 ◆ Dr. Corey Waller, MD, MS, DFASAM
1:15 PM | Treating Pain and Addiction: Remembering the Patient
 ◆ Hub-Spoke Model
 ◆ Perinatal Substance Use Treatment
 ◆ California Bridge-ER/Inpatient Medication Assisted Treatment (MAT)
2:50 PM | Closing and Evaluations

CME: Application is being submitted with the American Academy of Family Physicians. Determination of credit is pending.



Register Now Humboldt County Opioid Summit

Come hear best practices and lessons learned regarding chronic pain and opioid addiction from community peers and national experts.

April 26, 2019
8:00 am - 3:00 pm
at the
Fortuna River Lodge

[Click here to Register](#)

[Printable Flyer](#)

What is in this Issue

[2018 Humboldt County Alcohol and Other Drug-Related Death Report](#)

[Getting Upstream of the Opioid Crisis: The Critical Role of Prevention](#)

[Virtual Screening of Broken Places](#)

[Advancing the Safety of Acute Pain](#)

[X-Waiver - Free 8 hour course](#)

Valuable Resources

[Webinar: Outpatient Treatment for Opioid Addiction March 20th](#)

[Weitzman Institute: Pain and Opioid Education and Support](#)

Accelerating Opioid Safety Tool Kits:

- [Ambulatory Care](#)
- [Treating SUD](#)



The Humboldt County Sheriff's Office Release the 2018 Alcohol and Other Drugs-Related Deaths Report.

According to the Sheriff's office the purpose of this report is to describe trends in the number of alcohol and other drugs-related deaths occurring in Humboldt

County in 2018. Trends are examined by age at time of death, gender, location and substances related to death.

[See the entire report here](#)

Getting Upstream of the Opioid Crisis: The Critical Role of Prevention.

The National Interoperability Collaborative hosted a webinar introducing [The Opioid Use Disorder Prevention Playbook](#).

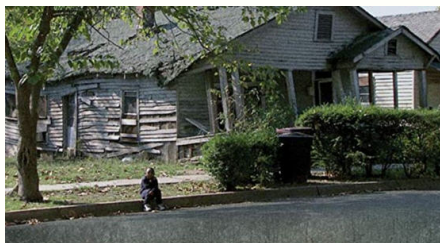
This publication focuses on the important role of prevention and ways [communities](#) can implement strategies that move efforts upstream.



A recording of the webinar can be found [here](#).

Resources

- [The Opioid Use Disorder Prevention Playbook](#)
- [The Plays](#)



Virtual Screening of Broken Places on March 21st at 5:00 pm

A special virtual screening of Broken Places, the latest U.S. documentary on early childhood trauma and resilience, will air on March 21. The film will be offered via a private Vimeo link with passcode to all registered members of ACEs Connection, for free.

Click [here](#) to join the ACEs Connection and to [Register](#) for the live viewing.



Advancing the Safety of Acute Pain

The Institute for Healthcare Improvement (IHI) has recently released a report regarding how to safely and effectively treat acute pain. Additionally, IHI has provided two great videos on this topic.

1. The Video above is an overview of the issue
2. The video below is a simulation of effective communication for a presurgery conversation between a patient and a surgeon

Safe and effective acute pain management is complex. Providing comprehensive holistic care while minimizing the unnecessary use of opioids is a more complicated goal than simply reducing the use of opioids, but it is an approach that is more likely to improve the safety of acute pain management. See the entire report [here](#)

[in Primary Care](#)

[Our Pathways to Health Workshops](#)

[Morphine Equivalent Calculator](#)

[Safe Prescribing Guidelines](#)

[Medication Disposal Bins locations Flyer](#)

[Complete Reference Manual for Assessment and Treatment of Acute and Chronic Pain](#)

Up Coming Events

Rx Safe Humboldt Coalition Meeting is Friday, March 22, 2019 from 8:30-9:30 am at the Hospice of Humboldt

[The Connection HPRC Calendar of Events](#)

[Events Calendar: See this comprehensive list of events in Humboldt County over the next few months](#)

This report outlines Action Steps for healthcare safety leaders

1. Understanding your role
2. Gather information and data
3. Obtain organizational commitment
4. Convene a multidisciplinary working group
5. Conduct an organizational assessment
6. Prioritize Activities
7. Develop an implementation plan
8. Select Metrics and Identify a Measurement Strategy
9. Execute the plan and continue improvement activities



X-Waiver - Free 8-hour course

There is a free 8-hour web-based course for physicians, nurse practitioners, and physician assistants who wish to apply for a waiver to prescribe buprenorphine for the treatment of opioid use disorders.

This is a free training that will fulfill the requirements to obtain an x-waiver, but now under new legislation, [AB2487](#), physicians and surgeons are required by law to complete either (a) a four-hour CME course on pain management or end of life, or (b) 12 hours on the treatment of opiate-dependent patients within four years of their initial license, or by their second renewal date. [Register here](#)

Additionally, share this with providers in your network to ensure they are aware of the changes and the resources available. For more information on the legislative changes, see this [webinar](#) with Clinical Lead for the Accelerator Opioid Safety Network, Dr. Matt Willis, the accompanying [slides](#), [resource list](#), and [legislation summary guide](#).

Academic Detailing

More than 1 in 10 
American adults experience chronic pain

>> Chronic pain is defined as pain that lasts >3 months



Our team of opioid and chronic pain academic detailers have been making the rounds all over Humboldt County to support physicians. Our curriculum spans topics such as: Informed consent, Assessments, Prescription Drug Monitoring Program (CURES), Naloxone, and Opioid Use Disorder Management. We are available to meet one-on-one or in a group

setting like an all-staff meeting. We tailor our discussion to fit the time you have available, from 15 minutes to 1 hour, we are willing to meet you where you are at.

If you or someone you know is interested in talking with our team of academic detailers, please contact Dr. Mary Meengs by [email](#).

[Visit our Website](#)